

RENEWAL AND RECONCILIATION IN POST WAR COUNTRIES

SEMINAR DETAILS

Room CC1.8, Stratford Campus, University of East London
<http://www.uel.ac.uk/about/findus>

For registration and further details, please contact Dilanthi Weerasinghe,
UKSLTG, by email through: info@uksrilankatrauma.org.uk

DATE	TOPIC
<p>Sat 31 March 2012</p>	<p>PARTNERSHIP WORKING AND CAPACITY BUILDING – PROJECT PRESENTATIONS. <i>Professor Rachel Tribe & Dilanthi Weerasinghe, Chartered/Registered Educational Psychologist</i></p> <p>This seminar focuses on projects with 2 key sectors in Sri Lanka – the Ministry of Health and local Non Governmental Organisations. Participants will be introduced to the background behind the requested pieces of work, including work with community based mental health services to increase awareness of child and adolescent mental health and work with parents, challenges and threats faced and feedback from local evaluations</p> <p><i>Professor Rachel Tribe, is an academic tutor and counselling/organisational psychologist, University of East London who has worked in Sri Lanka for over 25 years. She is a founding member of the UKSLTG and is the current vice chair of the UKSLTG Dilanthi Weerasinghe, is a founding member of the UKSLTG and is a UK-registered educational psychologist with over 19 years experience working with children, families, teachers and schools in London, Singapore and Sri Lanka. She is currently based in London, and works for a London Borough as an Assistant Principal Educational Psychologist.</i></p>
<p>Sat 28 April, 2012</p>	<p>REFLECTIONS ON CAPACITY BUILDING IN SRI LANKA. DO WE REALLY MAKE A DIFFERENCE? <i>Dr Shamil Wanigaratne, Clinical Psychologist</i></p> <p>THIS SEMINAR HAS BEEN POSTPONED DUE TO PERSONAL CIRCUMSTANCES. A NEW DATE WILL BE ARRANGED.</p> <p>A retrospective on the work of the UK-Sri Lanka Trauma Group and its impact on the skills and competencies of individuals engaged in mental health and psychosocial work in Sri Lanka during the past 17years. At a time when similar groups are being formed in other countries to help with the psychological impact of conflict in countries such as Libya and Syria, the presentation will reflect on what they could learn from our experience and how we could help other countries to develop their infrastructures in this area. The presentation will also address the challenge of measuring impact of capacity building work.</p> <p><i>Dr Shamil Wanigaratne is a clinical psychologist who has worked in the fields of addictions and genito-urinary medicine. He was formerly Head of Psychology for the Addictions Division of the South London and Maudsley NHS Foundation Trust. He set up the UKSLTG and is the current Chair.</i></p>

**UK-Sri Lanka Trauma Group
Trauma and Mental Health Seminar Series 2012**



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Sat 26 May 2012	<p>ADAPTING OUR WORK FOR LOCAL CULTURES – CASE STUDIES AND CHALLENGES <i>Dr. Anula Nikapota, Child Psychiatrist & Dr Harriet Calvert, Psychoanalyst & Psychotherapist</i></p> <p>This seminar will focus on key issues that require consideration when working across cultures in the field of child mental health and trauma. Strategies found to be effective in facilitating such work will be presented and discussed using case examples as appropriate.</p> <p><i>Dr. Anula Nikapota is Senior Tutor at the Institute of Psychiatry, Kings College London, and is a child psychiatrist and been involved in trauma work and training primary health care workers in this area in Sri Lanka and other SEAsian countries since 1982, as well as authoring Manuals for WHO and UNICE and authored chapters on cross cultural child psychiatry. She has been with the UKSL Trauma group since inception. Dr Harriet Calvert is a qualified Psychoanalyst and Child Psychotherapist. She has a special interest in cross cultural issues in psychotherapy and in the treatment of trauma and has been associated with UKSLTG since 2004</i></p>
Sat 30 June 2012	<p>NARRATIVE EXPOSURE THERAPY, Dr Katy Robjant</p> <p>This seminar will introduce Narrative Exposure Therapy as an evidence based approach in the treatment of psychological difficulties following trauma. The therapy is short term intervention with a focus on reducing distress whilst emphasizing the importance of understanding this within the social, cultural and political context in which the trauma occurred; documenting human rights abuses and empowering those affected by trauma.</p> <p><i>Dr Katy Robjant is a clinical psychologist specializing in trauma work. She is based at the traumatic stress service at the Maudsley Hospital and the Institute of Psychotrauma and has provided training in treating psychological difficulties resulting from trauma in UK, Sri Lanka and Uganda.</i></p>
Sat 29 Sept 2012	<p>Evidence-based interventions to help children after wars and natural disasters <i>Prof William Yule, clinical psychologist., UKSLTG</i></p>
Sat 10 Nov 2012	<p><i>Working with local women's organisations and women and young girls who have experienced trauma – case studies.</i> <i>Dr Shanty Paramaswaran, Adult & child psychiatrist, UKSLTG</i></p>
Sat 24 Nov 2012	<p><i>Developing postgraduate courses in psychiatric nursing and clinical psychology–challenges for transformational and cross cultural learning.</i> <i>William McGovan and Dr. Shamil Wanigaratne, Clinical Psychologist, UKSLTG</i></p>
Sat 29 Dec 2012	<p>University closed for holidays.</p>